

## Håf a A d a i

令和5年2月28日 グアム日本人学校 学校だより 3月号 校長 井手瑞樹

## 心を磨き、学力を高める!

**令**和4年度も残りわずかとなって参りました。3月16日には、本年度を締めくくる卒業式が挙行されます。 卒業生は勿論、すべての児童生徒の成長を、今後への大きな期待感をもって見守りたいと思います。

さて、「心を育てる」こと。それは、まさに教育の根本です。学校教育においては、まずは、心を育てるという



土台の上に、生徒指導(生活指導)が存在し、その上にやっと学習指導が成立するという構造になっています。というよりもそうならざるを得ないのが現実です。勿論、それらを順番に仕上げていくということではありません。すべてを同時に進めるわけですが、これらの構造を念頭に置かなければ、教育的な成果は上がらないということです。学習指導をすれば学力が上がり、立派な人間が育つという単純なものではありません。

**グ**アム日本人学校では、4月当初から子どもたちに、自分のわがままを抑えて、我慢するときはじっと我慢して、人の嫌がることを言ったり、したりせず、逆に、友だちを大事に、思いやりをもって生活しましょう、その上で、自分の考えがしっかりと主張できるようになりましょうと言い続け、指導をしております。子どもたちは道徳という教科の中でも毎週学んでいますが、それ以上に、毎日の学校生活の中で日常的に学び、学校行事を体験しながら学んでいるわけです。そしてその上で、規則正しい生活習慣とともに適切な学習習慣を身に付け、学習への意欲を高めると同時に学習方法を学び、実践し、学力が高まっていくという好循環の中に子どもたちを導くことが必要となるのです。

ただ、なかなか思うようにはいかないというのも現実です。子どもを育てる側が根気強くやらせること、見守

ること、時にはやってみせることも大切です。そうすることでやがて子どもの心が動きます。そして次第に心が変わっていきます。私が、あるとき、ふと目にしたすばらしい言葉をご紹介いたします。心理学者で哲学者のウィリアム・ジェイムズの言葉です。「心が変われば態度が変わる。態度が変われば行動が変わる。行動が変われば、習慣が変わる。習慣が変われば、人格が変わる。人格が変われば運命が変わる。運命が変われば人生が変わる。」いかがでしょうか。



**子**どもたちに、「君たちは、いい人生を送りたいと思っていますか。」と問いかけると、ほとんどの子どもたちは、そうありたいと答えます。ではどうしたらよいか考えてみようと言って上の言葉を逆にたどっていきます。そして、最後にたどり着くのが、<u>心を変える</u>ということです。さらに、私はその前に、ある言葉を付け加えることにしています。それは、「<u>まず、行動を起こしてみよう。すると心が変わるよ</u>。」そしてその後に、ウィリアム・ジェイムズの言葉をつなげるようにしているのです。

**心**と学力はつながっています。我慢強く実践をすること、それがないと何事も成功しないということです。学びを実践することで、次の疑問や興味が生まれるはずです。するとまたそれが学びにつながっていく。これが学びの連鎖であり、大きく学力が育っていく源であると思います。確かな学力、生き抜く力は、これらの延長線上にあるのです。

**間**もなく、令和4年度が終わります。子どもたちの大きな成長を願って、教職員一同がんばって参りました。 本年度を最後に帰国をする職員が5名おります。その一人一人に変わりまして、<u>これまでの皆様のご支援に対し厚</u>くお礼申し上げます。

3月 学校行事予定					
			3/1/2023		
			グアム日本人学校(全日制)		
B	曜	行 事	下校時間		
1	水		15:05		
2	木	児童生徒集会(朝) 音楽鑑賞会(昼)	15:05		
3	金	卒業生を送る会 ※6時間授業 お誕生日会【ひなまつり】(幼稚部) PTA総会(オンライン)	<u>15:05</u>		
4	土				
5	B				
6	月	クラブ	16:00		
7	火		15:05		
8	水	お別れ会(幼稚部)	15:05		
9	木	全校集会(朝) 学校理事会	15:05		
10	金	音楽鑑賞会 (UOG11:00~12:00) 身体測定(幼稚部)	16:00		
11	土				
12	B				
13	月	クラブ(後期最終)	16:00		
14	火	卒業式予行練習	15:05		
15	水	卒業式準備(6時間目)	15:05		
16	木	卒園式•卒業式	15:05		
17	金	修了式 離任式 4時間授業 (小6、中3臨時休校)	12:15		
18	土	(補習校卒業式・修了式)			
19					
20	月	学年末・年度初め休業(~4/12)			
21	火				
22	水				
23	木				
24	金				
25	±				
26					
27	月				
28	火				
29	水				
30	木				
31	金				



Letter of Japanese School of Guam March Issue Mizuki Ide Principal 2/28/2023

## Refine your mind, enhance your academic skills!

The 2022 school year is drawing to a close, and on March 16, the graduation ceremony will be held to mark the end of the school year. We look forward with great anticipation to watching not only the graduates but also all of the students grow and develop in the future.

"Nurturing the mind" is the very foundation of education. In school education, student



guidance (life guidance) exists on the foundation of nurturing the mind, and finally learning guidance is established on top of that. In reality, this is the only way to achieve this. Of course, this does not mean that we finish these tasks in order. We are working on all of them at the same time, but if we do not keep these structures in mind, we will not be able to achieve educational results. It is not a simple matter of providing learning guidance to improve academic

performance and develop respectable human beings.

At the Japanese School of Guam, since the beginning of April, we have been telling the children

to suppress their selfishness, to be patient when they have to be patient, not to say or do things that others do not like, to be considerate and respectful of their friends, and to be able to express their thoughts clearly. Children are learning morals every week in the subject of ethics, but even more than that, they are learning on a daily basis in their daily school life and through experiencing school events. We must then lead the children in a virtuous cycle in which they acquire appropriate study habits as well as a regular lifestyle, and at the same time, they learn how to learn, practice, and improve their academic performance while increasing their motivation to learn.

However, the reality is that this is not always possible. It is important for

those who nurture children to be patient, to watch over them, and sometimes to show them how to do it. By doing so, the child's heart will eventually be moved. And gradually, the child's mind will change. I would like to share with you a wonderful quote that I came across one day. It is from the psychologist and philosopher William James. When the mind changes, the attitude changes. When your attitude changes, your behavior



changes. When behavior changes, habits change. When habits change, character changes. When your personality changes, your destiny changes. When your destiny changes, your life changes. What do you think?

When I ask children, "Do you want to live a good life? Most of them answer that they want to live a good life. Then I ask them to think about what they should do, and I trace the above words backwards. And the last thing we arrive at is to <u>change our minds</u>. I also add a word before that. That is, "<u>First</u>, <u>let's take action</u>. Then you will change your mind." And after that, I try to connect the words of William James.

The mind and academics are connected. It is a matter of perseverance and practice, without which you will not succeed in anything. By practicing learning, the next question or interest should arise. Then it will lead to learning again. This is the chain of learning, and I believe that this is the source of the great growth of academic ability. Solid academic skills and the ability to survive and thrive are an extension of this chain of learning.

The 2022 school year will soon come to an end. All of the teachers and staff have worked hard for the children's great growth. We have 5 staff members who will be leaving Guam to Japan at the end of this school year. On behalf of each and every one of them, <u>I would like to express my deepest gratitude for your support to date</u>.

Day		March School Schedule				
Day			•			
1				グアム日本人学校(全日制)		
2 Thu Student assembly Music Appreciation 3:05p.m. Farewell party for graduates sisk-hour class Birthday party Hinamatsuril (Kindergarten) PTA General Meeting (at online)  4 Sat 5 Sun 6 Mon Club Activities 4:00p.m. 7 Tue 3:05p.m. 8 Wed Farewell party (kindergarten) 3:05p.m. 9 Thu School assembly School board meeting 3:05p.m. 10 Fri Sat 12 Sun 13 Mon Club Activities 4:00p.m. 11 Sat 12 Sun 13 Mon Club Activities 4:00p.m. 12 Tue 14:00p.m. 15 Wed 15 Preparatory practice for graduation ceremony (Gith period) (Gith period) 3:05p.m. 16 Thu 17 Completion Ceremony Separation Ceremony (Kindergarten, Elementary, Middle School) 3:05p.m. 17 Fri Graduation and completion ceremonies for supplementary 6 and Junior 3 classes are on break (Elementary 6 and Junior 3 classes are on break) 12:15p.m. 18 Sat (Graduation and completion ceremonies for supplementary schools) 12:15p.m. 20 Mon End of school year/beginning of school year vacation (~4/12) 24 Fri 25 Sat 26 Sun 27 Mon 28 Tue 29 Wed 30 Thu	Day	Day of week	Event	Pick up time		
Farewell party for graduates   Sisk-hour class   Birthday party Hinamatsuri] (Kindergarten)   PTA General Meeting (at online)	1	Wed		3:05p.m.		
Sat	2	Thu	Student assembly Music Appreciation	3:05p.m.		
5         Sun           6         Mon         Club Activities         4:00p.m.           7         Tue         3:05p.m.           8         Wed         Farewell party (kindergarten)         3:05p.m.           9         Thu         School assembly School board meeting         3:05p.m.           10         Fri         Music Appreciation (at UOG11:00~         4:00p.m.           12         Ophysical measurements (kindergarten)         4:00p.m.           11         Sat         4:00p.m.           12         Sun         3:05p.m.           13         Mon         Club Activities         4:00p.m.           14         Tue         Preparatory practice for graduation ceremony ceremony         3:05p.m.           15         Wed         Graduation for graduation ceremony (Kindergarten, Elementary, Middle School)         3:05p.m.           17         Fri         Sat Graduation spearation Ceremony Separation Ceremony %4hours of class (Elementary 6 and Junior 3 classes are on break)         12:15p.m.           18         Sat (Graduation and completion ceremonies for supplementary schools)           19         Sun           20         Mon         End of school year/beginning of school year vacation (~4/12)           21         Tue         25	3	Fri	%six-hour class Birthday party [Hinamatsuri] (Kindergarten)	<u>3:05p.m</u> .		
6         Mon         Club Activities         4:00p.m.           7         Tue         3:05p.m.           8         Wed         Farewell party (kindergarten)         3:05p.m.           9         Thu         School assembly School board meeting         3:05p.m.           10         Fri         Music Appreciation (at UOG11:00~         1:00p.m.           11         Sat         4:00p.m.           12         Sun         4:00p.m.           13         Mon         Club Activities         4:00p.m.           14         Tue         Preparatory practice for graduation ceremony ceremony         3:05p.m.           15         Wed         Preparation for graduation ceremony (Kindergarten, Elementary, Middle School)         3:05p.m.           16         Thu         graduation ceremony Separation Ceremony Separation Ceremony (Kindergarten, Elementary, Middle School)         3:05p.m.           17         Fri         (Graduation and completion ceremonies for supplementary schools)         12:15p.m.           18         Sat         (Graduation and completion ceremonies for supplementary schools)           20         Mon         End of school year/beginning of school year vacation (~4/12)           21         Tue           22         Wed           30	4	Sat				
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